8-WEEK WEEKLY SCHEDULE

Read, Write, & Thrive

ARKANSAS KIDS AFTER SCHOOL NETWORK

WEEK 1

DATE:
Week of
November 2nd

FOCUS OR ACTIVITY:
Belonging and Building a Safe Learning Community

NOTES:
Students feel welcome, understand group expectations, and begin identifying their strengths.

WEEK 2

DATE:
Week of
November 9th

FOCUS OR ACTIVITY:
Naming Feelings and Reading for Clues

NOTES:
Students expand their feelings vocabulary and use details in a text to understand characters.

WEEK 3

DATE:
Week of
November 23rd

FOCUS OR ACTIVITY:
Calming Tools and Coping Skills

NOTES:
Students try several simple strategies and identify which ones help them refocus.

WEEK 4

DATE:
Week of
November 30th

FOCUS OR ACTIVITY:
Friendship, Communication, and Boundaries

NOTES:
Students practice listening, respectful disagreement, and seeking adult support when needed.

WEEK 5

DATE:
Week of
December 7th

FOCUS OR ACTIVITY:
Growth, Mistakes, and Problem-Solving

NOTES:
Students learn to view mistakes as opportunities and break challenges into manageable steps.

WEEK 6

DATE:
Week of
December 14th

FOCUS OR ACTIVITY:
Stress, Routines, and Asking for Help

NOTES:
Students recognize when a routine or support person could help and practice asking clearly for assistance.

WEEK 7

DATE:
Week of
December 21st

FOCUS OR ACTIVITY:
Empathy, Perspective, and Community

NOTES:
Students consider different perspectives and use reading and writing to contribute positively to their community.

WEEK 8

DATE:
Week of
December 28th

FOCUS OR ACTIVITY:
Reflection, Goals, and Celebration

NOTES:
Students recognize their progress, set realistic next steps, and share work in a way that feels comfortable.

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